



ANNUAL REPORT  
2024-2025

# TheHealthCenter

An Independently Run Non-Profit Organization  
*Empowering Student Wellness for Healthier Futures*

## ADMINISTRATION

**Norma L. Hernández**  
Executive Director

**Dr. Peter Viavant**  
Medical Director

**Suzanne Knapp**  
Business Manager

**Jenny Maxon, RN**  
Manager of Clinic Operations

**Carrie McGill, MA, LMHC**  
MH Clinical Supervisor

**Tim Schroeder, LICSW**  
MH Supervisor

## BOARD OF DIRECTORS

**Rodney Outlaw**  
Chair

**Ting Anthes**  
Treasurer

**Dr. Richard 'Dick' Simon**  
Secretary

**Melissa Wilcox**  
**Brent Cummings**

**Liz Fraser**  
**Dr. Peter Viavant**

## MESSAGE FROM NORMA HERNÁNDEZ, EXECUTIVE DIRECTOR



Dear Friends,

As we begin another school year, I find myself reflecting on the challenges and uncertainty that continue to shape our world. While so much feels unpredictable, one thing remains clear: our students need a safe, reliable place to turn for their health and well-being.

This past year, The Health Center provided over 3,620 medical and mental health appointments. Behind each number is a student who felt heard, cared for, and supported. The growing demand for our services is a reminder of why our work matters now more than ever.

At a recent staff meeting, our team shared why they love working at The Health Center. Again and again, the same theme came up: the privilege of making a difference in a student's life. Watching a young person grow, heal, and gain confidence, both physically and emotionally, is the most rewarding part of what we do. That is the heart of this work.

I want to extend my heartfelt gratitude to our dedicated staff, our committed board members, the incredible schools we partner with, and the Walla Walla Public Schools' administration. When we all work together, we can walk alongside students every day, helping them navigate not only their health but also their hopes for the future.

Thank you for believing in this work and for standing with us. Together, we are creating stronger, healthier communities—one student at a time.

With gratitude,  
Norma L. Hernández, Executive Director

# who we are



The Health Center is a community-driven, non-profit health center. We opened our doors in 2009 after local leaders recognized the urgent need for extra support at Lincoln High School. Since then, we've grown to provide free primary medical care, mental health therapy, and social support referrals to students at Lincoln High School, Walla Walla High School, Pioneer Middle School, and Garrison Middle School.

A common misconception is that The Health Center is run and operated by the Walla Walla School District. In reality, we are an independent, community-driven non-profit. The district is an excellent partner—providing us with space inside schools and some additional funding that helps make our work possible. The majority of our support, however, comes from community partnerships, generous individuals like you, and local and state grants. This independence allows us to stay focused on one priority: serving students and supporting their well-being.

*Our mission is simple but powerful:* The Health Center partners with students in a school-based setting to nurture their physical, emotional, and social well-being, empowering them to thrive and reach their fullest potential.

## Our SERVICES

### MEDICAL

- Early detection, diagnosis and treatment of illness and injury
- Vitals
- Basic vision testing
- Wound care and pain management
- Rapid lab testing and follow-up
- Allergic reactions and rashes
- Prescription medications
- Referrals for health care services not provided at the clinics
- Sports physicals

### MENTAL HEALTH

- Mental health screening
- Individual therapy
  - Trauma-Informed Therapy
  - Choice Therapy
  - CBT (Cognitive Behavioral Therapy)
  - DBT (Dialectical Behavioral Therapy)
  - Mindfulness
- Education on self control, relationship management and emotional regulation
- Group therapy

### CARE COORDINATION

We connect students with needed community services such as:

- Primary care, mental health and specialty care
- Dental and optical care
- Social service referrals

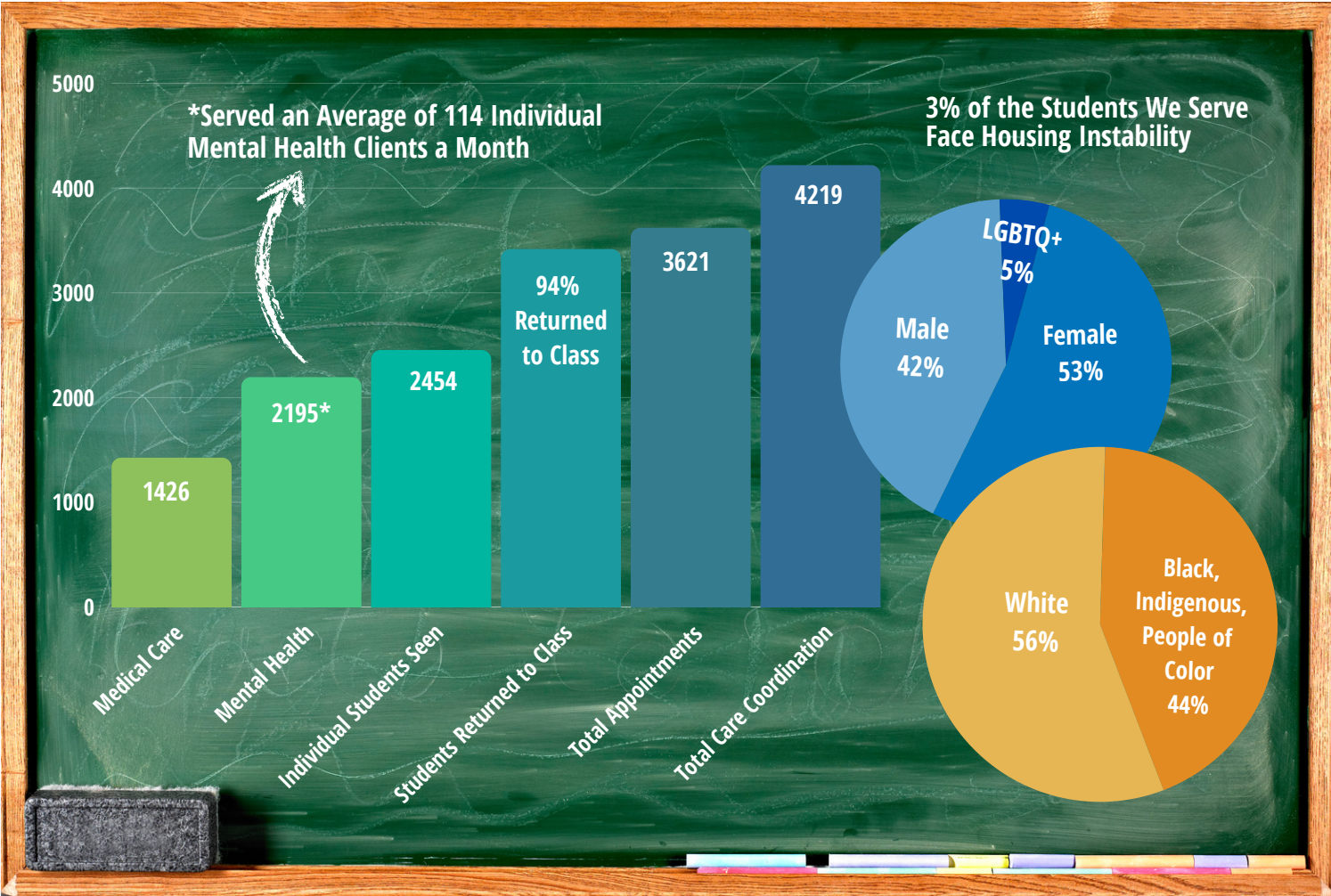


Donate Here

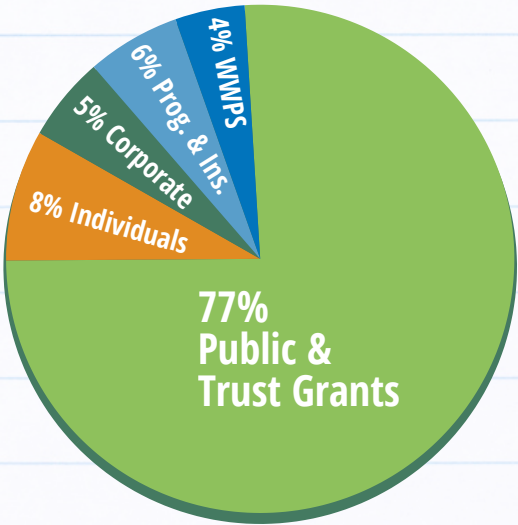
*Support Our Mission Today!*



MAKING A DIFFERENCE | DATA FOR 2024-2025



FUNDING SOURCES



FINANCIAL CONDITION

|                            | JULY 1, 2025 | JUNE 30, 2024 |
|----------------------------|--------------|---------------|
| Assets                     | \$739,661    | \$757,763     |
| Liabilities                | (\$4,832)    | (\$13,683)    |
| Equity                     | \$734,829    | \$744,080     |
| INCOME                     |              |               |
| Public Grants              | \$463,188    | \$415,705     |
| Foundation & Trust Grants  | \$148,658    | \$172,855     |
| Individual Contributions   | \$60,180     | \$61,643      |
| Corporate Contributions    | \$35,941     | \$45,152      |
| Walla Walla Public Schools | \$40,000     | \$40,000      |
| Insurance Reimbursement    | \$76,331     | \$75,252      |
| Program Sales              | \$1,575      | \$3,825       |
| Total Income               | \$825,873    | \$814,432     |
| EXPENSES                   |              |               |
| Personnel                  | \$729,315    | \$741,298     |
| General & Administration   | \$95,387     | \$51,331      |
| Program Materials          | \$36,426     | \$32,627      |
| TOTAL EXPENSES             | \$861,128    | \$825,255     |
| Other Revenue              | \$25,979     | \$153,389     |
| NET INCOME                 | (\$9,276)    | \$142,566     |

\*The negative income in 2024-2025 is due to the timing difference between project expenses and grant reimbursements.



**RODNEY OUTLAW,  
BOARD CHAIR**

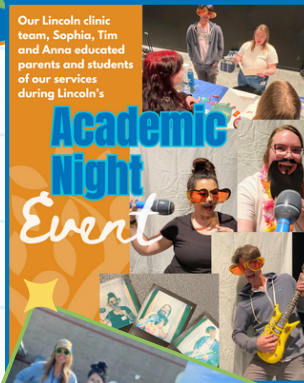
I was inspired to join the Health Center board because I believed in their work. When I first moved to Walla Walla 10 years ago, I worked at Lincoln High School. This was my first introduction to The Health Center. I got to see firsthand how The Health Center counselors and staff really supported the students mentally and physically. They really cared about the relationship and the well-being of the students. I had never seen anything like it.

Fast forward a few years, and Norma asked me if I would join The Health Center board. I said yes based on the amazing work that I had witnessed firsthand. Then Covid happened. I have two kids. My daughter and son struggled like most kids with school from home. My daughter missed her fifth-grade year because of this, so transitioning back to school, being a middle schooler in a new space, and dealing with trying to get back to normal were hard for her. When she started middle school after COVID, she faced a lot of negative verbal abuse from other kids at school as a mixed kid. So the already hard mental challenge of being back in a school setting and now having to deal with this really rocked her. So my wife and I did what any parent would do. We looked into resources. I already knew at that moment it was time for her to be introduced to The Health Center. There, she found a counselor with whom she really connected, and it helped her a lot. This is why I will always show up and support The Health Center. They do the work and genuinely care about it.

### A BIG THANK YOU TO OUR BOARD MEMBERS!

We thank our Board of Directors for their ongoing support and commitment to The Health Center. Their guidance helps us stay focused on our mission and continue serving students with care and compassion. Special shout-out to Ting Anthes, Brent Cummings, Liz Fraser, and Dr Viavant for being appointed for a second three-year term!

*Our dedicated staff  
in action!*



Thank you **Dr. Viavant** for leading sports physical clinics, **Jimmy John's of Walla Walla** for providing weekly subs for our groups, and **Alice MacDonald, Kris Barry**, and the amazing **"cookie ladies"** for delivering weekly treats to our therapy groups!

## July 2024 - June 2025 Grants, Trusts & Corporate Contributions

AAUW

Blue Mountain  
Action Council

Blue Mountain  
Community Foundation

Clara and Art Bald Trust

Clifford and Bonnie Braden Trust

Hayden Homes

Inatai Foundation

J.L. Stubblefield Trust

Mary Garner Esary Trust

Pacific Power Foundation

Sunny Day  
Charitable Foundation

Saviah Cellars

Walla Walla County  
Behavioral Health

Walla Walla Public Schools

WA State Dept. of Health

WA State School-Based  
Health Alliance

Wildhorse Foundation

A heartfelt thank you to all those who prefer to remain anonymous. Your ongoing support is truly inspiring. We also extend our gratitude to our individual donors who consistently support us year after year. Your contributions enable us to continue our mission!

*Thank you!*